

The Parent Project® is a 7-week ONLINE workshop for parents/guardians of children 1-10.

This training series will focus on assisting caregivers with acquiring the tools to effective parenting for challenging behaviors. Participants will learn strategies for improving their relationship, connecting through clear communication, increasing compliance, discipline techniques, and more.

- · Learn how to communicate effectively with your child
- Stop unwanted behaviors
- $\boldsymbol{\cdot}$ Answers for parents of children with ADD/ADHD and special needs
- Improve school attendance and performance



5:00PM-7:00PM

October 4, 2022 October 11, 2022 October 18, 2022 October 25, 2022 November 1, 2022



November 8, 2022 November 15, 2022





Questions? Contact:
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